



Welsh School of Homœopathy
PROSPECTUS

THE WELSH SCHOOL OF HOMŒOPATHY

is

Recognised by the Society of Homeopaths

Organised as a limited company where all profits are
fully reinvested in the School

Situated in Bridge Street in the centre of Carmarthen
by the castle grounds (see inside for contact details)

www.welshschoolofhomeopathy.org.uk

WELCOME

Welcome to our new prospectus, and thank you for your interest in the Welsh School of Homœopathy.

Inside you will find information about our course, our system of education and our team of tutors.

You will also find out about our fees and who to contact if you want to find out more.



We have been providing a Homœopathic education for students of different educational, social and professional backgrounds since 1995.

We are committed to the ethos of a sound and vibrant Homœopathic community.

When you enrol on our course you will be made welcome and integrated into the community of the School: its students, graduates, tutors and supporters.

It is a source of great pleasure and satisfaction to us to accompany students on their journey of personal development and their transformation into healers through the medium of Homœopathy.

Many graduates are now old friends, and they continue to be involved in the School through our supervision network, our teaching clinics, CPD and Post-Graduate courses. Not forgetting our Summer and Winter Schools, where graduates return each year and continue to contribute.

We hope you like our prospectus and the ideas inside.

If you want to find out more, please contact us on 01267 237520.

What is Homœopathy?

Homœopathy is a system of medicine that was devised and developed by Samuel Hahnemann in the late 18th Century. Its roots, however, go back much further, through Medical Science, Alchemy, Herbalism to the indigenous healing and divination systems that we call Shamanism.

Homœopathic medicine is not always easy to practise but its principles are very simple:

The first principle is the Law of Similars, or 'Like Cures Like'. This is based on the concept that the organism is always attempting to heal itself. Homœopathy seeks to harness this self healing tendency by stimulating and supporting the 'defence mechanism' rather than taking over from it.

Secondly, in order to achieve this self healing process, we simply administer a substance that produces similar symptoms in a healthy person, for example a patient suffering from hay fever with sneezing and burning in the nose may be given a remedy made from onions.

In other words, by amplifying the essential symptoms of the complaint, we stimulate the defence system to wake up and fight back.

Lastly, Hahnemann discovered that you don't need toxic doses of a substance to achieve this effect.

Indeed, by diluting and vigorously shaking a solution of any given remedy we can still alert the body's defence system without any danger of side effects or poisoning.

Although some may find these ideas farfetched, the fact is that Homœopathy continues to thrive after more than 200 years and, furthermore, it is recognised by the World Health Organisation as the second most widely used therapeutic system in the world.

What are the advantages of Homœopathy?

Patients are treated as unique individuals.

Rather than labelling you as suffering from ‘such and such’ a disease, a Homœopath will listen to your story and respond in a relaxed and non-judgmental way.

Homœopathic remedies work without side effects, in harmony with the body’s own healing powers.

Homœopaths take all aspects of a person into account when making a diagnosis, therefore physical symptoms, emotions, sleep patterns and even family dynamics are considered before a prescription is made.

Homœopathic medicines are prepared in a way that doesn’t deplete natural resources or harm the environment.

What does the Welsh School Offer?

We offer an education in Homœopathic Medicine to practitioner level and beyond into the realms of continued supervision and peer support. The School's training focuses on a process orientated approach which pays attention to the dynamics of case taking and prescribing, opens the eye of curiosity and explores the dynamics of human interaction.

To educate means literally to lead out, and this is the prime objective of the course; namely to lead out the healer within. Whilst we are aware of the academic standards necessary for good Homœopathic training, we are also aware that each student brings with them a storehouse of valuable life experience. Together we will work towards bringing that experience to fruition, enabling it to mature and thus become of real value in the community. By working in a small group we can maximise personal involvement and facilitate close working relationships between the students themselves and their teachers.

“The Physician’s highest and only calling is to restore the sick to health, to cure, as it is called.”

Thus spoke Samuel Hahnemann in the opening paragraph of “The Organon of Medicine,” in which he describes the principles and practice of Homœopathy.

It is these principles that are the guiding light of our teaching and practice. Using Hahnemann’s work as our foundation we draw upon his inspiration and the developments of his successors, from the early 19th century to the present day, to provide a sound philosophical basis for the practice of Homœopathy.



Vocation

The idea of “calling” suggests that we are already in possession of that body of knowledge and skill that makes us effective in our life’s purpose.

Vocation is not so much to do with what is learned – rather it is developed and followed.

The system of education that we follow is directly appropriate to adults in pursuit of their vocation.

Our aim is to work together to continually develop the raw material, i.e. the students’ thoughts, feelings and inspirations, which are based upon a developed imagination and an already considerable volume of meaningful life experience.

Our system has been described as a “Spiral Curriculum.” This involves covering the principles and philosophy of Homœopathy in a broad sweep and then returning and deepening as time goes on, with new experiences and insights to illuminate the material.

In other words, the focus is on an organic and creative system, firmly structured and boundaried by the principles of Homœopathic philosophy, rather than the type of modular system more appropriate to secondary education in schools. Through this deepening process over the four years, our students develop a greater understanding of the art of Homœopathy and its medicines, rather than simply acquiring vast amounts of information.

In other words, we are interested in the process of education – its fluid nature, unexpectedness and diversity rather than fulfilling criteria. This, we believe, must be the most effective way to approach issues of health and healing which are, in themselves, fluid and unpredictable.

Goethe, a contemporary of Hahnemann's, wrote on the subject of calling:

“Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative (and creation) there is one elementary truth, the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then Providence moves too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favour all manner of unforeseen incidents and meetings and material assistance, which no man could have dreamed would have come his way.

**Whatever you can do,
or dream you can, begin it.
Boldness has genius,
power and magic in it.”**

The Course

Each college weekend consists of lectures with open discussion and workshops in case taking and materia medica. We use video techniques to view actual cases, and there is also a directed programme of home study and personal tuition.

As well as a core group of teachers, we also draw upon the skills and inspiration of visiting lecturers who are able to share their expertise and so help to keep the School vibrant and alive. The course is of four years duration with an optional post-graduate year. Each year consists of ten weekends commencing Saturday morning until Sunday evening. In December we have a Winter School weekend and in June we have a Summer School which runs from Thursday evening to Sunday afternoon. At the Winter and Summer Schools, year groups study and work together, accompanied by guest lecturers.

Running alongside the teaching programme is the clinical training programme. Great emphasis is placed on this, with students eventually taking acute and chronic cases, under supervision, and sitting in and observing other Homœopaths at work.

The First Year – A Foundation Course

The first year of study forms the foundation for the professional training which commences at the beginning of the second year. After completion of the foundation year you will be competent to practice “First Aid” Homœopathy for family. During the foundation year we will do a broad sweep of the Homœopathic curriculum. We will explore together the principles of Homœopathic philosophy drawing from your own experience as well as the philosophical material to hand.

We begin the study of materia medica and repertory and the therapeutics of common ailments, e.g. epidemics, trauma and injury, as well as beginning the in depth study of the common remedies and their characteristics on the mental, emotional and physical levels.

We introduce the elements of case taking through lectures and workshops and begin to develop the skills of listening, observing, recording and analysis.

Further to our weekend studies there is a directed programme of home study, assignments and self-assessment. Two assignments will be set at each weekend, to be handed in the following month.

You will also be asked to keep a journal of self reflection throughout the course. Personal tutorials are held on a twice-yearly basis and we actively encourage you to make us aware of any problems or issues that may have arisen.

You are requested to attend three of the School's teaching clinics.

Upon successful completion of the foundation year a certificate will be awarded. Those who wish to do so may then apply to enter the second year where professional training begins in earnest.

The Second Year

During the second year we will extend our knowledge of Homœopathic philosophy to encompass chronic disease, learn how to “take the case” and perceive what needs to be cured.

We also continue the study of materia medica.

Stage 1 of the clinical training now begins. You will choose an approved supervisor and begin the process of acute case taking.

Stage 1 will take a minimum of one year although you can complete it in your own time.

All prescriptions must be made under supervision and this stage is completed when eight cases have been approved by the Clinical Director after your supervisor's report. In the second year you are also requested to attend a minimum of seven Friday School teaching clinics.

You are requested to commence a two-year directed home study course in Anatomy and Physiology/Pathology and Disease. The price for this is not included in the course fee (please see Fees section).

By this time you will be encouraged to meet regularly in informal small groups. These small group meetings are intended to form the basis of a long-term co-operative and supportive network.

The Third Year

Here, we begin to discuss strategies for long-term case management. The emphasis is on developing good and practical relationships with patients and developing the “Art of Homœopathy” which encompasses “bedside manner”, ethical considerations etc.

Clinical training continues with the beginning of Stage 2. (Once you have obtained your student insurance.) This involves taking a minimum of 15 constitutional cases under supervision.

Stage 2 takes approximately two years to complete.

You will be requested to attend eight of the School Friday clinics and are encouraged to sit in and observe as many different practitioners as possible in order to broaden your experience.

Home study intensifies in the third year and you will begin formulating your ideas for a research project to be undertaken towards the end of the third year and during the fourth.

The Fourth Year

In the fourth year the emphasis is on developing the practice. You are still working towards completion of Stage 2 of the clinical training and are also involved in your project, so no formal home assignments are set.

The teaching program continues apace however, and during the fourth year we invite lecturers who have developed their own individual ways of seeing and practising in order to give a broader picture from which students can take what is valuable to them.

By the end of the fourth year some of you may commence Stage 3 of clinical training, which involves a more informal contact with the supervisor and extends beyond graduation to registration.

You are requested to attend eight School clinics during this year. You are also requested to complete your sitting in time – up to a total of 240 clinic hours (including clinic time).

Assessment

Assessment is continual throughout the four years. At the end of each year we ask you to present us with a review of your journal which forms the basis of the end of year tutorial. We do not have exams! Your work is assessed on the basis of written assignments, the final year project and, of course, your case work. Each piece of work is also accompanied by a self assessment.

THE DIPLOMA OF THE WELSH SCHOOL OF HOMŒOPATHY will be awarded to participants who have completed their research project and their written assignments, attended at least 80% of classes in any given year and paid their fees in full. **This is not a Licence to practise.**

THE LICENTIATE OF THE WELSH SCHOOL OF HOMŒOPATHY will only be awarded when Stage 2 of the clinical training has been completed. It is in the interest of everyone, and especially the community at large, that the successful graduate will have displayed an ability to practise Homœopathy safely, ethically, confidently and competently.

Post-Graduate Year

During this time the graduates embark upon their careers with the School's continued support and blessing. The graduate is expected to continue undergoing supervision as they embark on setting up a practice. As a Society of Homeopaths Recognised School all our licensed graduates are eligible to proceed directly onto the Society Register. In order to maintain these standards, graduates are invited to take part in four post-graduate two-day sessions. Once again, this is a process-orientated course led together by Bill and Linda. The post-graduate year is open to all graduates from the School and other qualified Homœopaths.

We also offer some one-day 'Continuing Professional Development' days with experienced teachers from all over the world.



School Clinic

The School runs a teaching clinic every other Friday, throughout the year. Here you can watch live case taking through a video link. Third and fourth year undergraduates take the case, with a supervisor present. Time is then given to discuss the case analysis and the process as a group, alongside the case receiver and supervisor. We believe this to be a unique opportunity to ‘practise the craft’ of Homœopathy. It is the place where all the ‘learning’ can be seen in action!

Introductory Course Weekends

These are now available to act as a taster for the four-year course. Why not come and meet us? Please phone the Student Administrator for details.

The Core Teachers/Clinicians



BILL RUMBLE - Bill founded the School in 1995. “I enjoy the whole process of Homœopathy; the philosophy is alive and vibrant and relates to everything, not just to medicine. I believe the process of education should combine deep reflection and inspiration and exuberance and playfulness. I have lectured in Britain and Ireland since 1991. I have four children and combine childcare with roaming in wild places, percussion and sculpture.”



LINDA GWILLIM - “To me, Homœopathy is like music - you have to learn the basic structures, the scales and chords, but then you can improvise and find your individual ‘blue note’ - the place where it touches your soul. I love both working in my practice and teaching - my patients and students have been my greatest teachers. I particularly enjoy working with pregnant women (going on to attend the birth) and children. In my spare time I love to sing!”

Enrolment

The course begins in September. A limited number of places are available. The only qualification necessary is a sincere desire to study Homœopathy and the successful completion of an interview. We actively encourage applicants from any social or ethnic background to apply for the course. It is the policy of the School that everyone is treated fairly and has an equal opportunity to fulfil his or her potential and is not subject to discrimination.

Should you wish to apply for an interview or discuss any questions informally please contact:

The Welsh School of Homœopathy
Student Administrator
1 Springfield Cottages, Springfield Road
Carmarthen SA31 1EA

01267 237520

Email welshschool.homoeopathy@gmail.com

Fees

Fees are £1,700 per annum and are payable in ten equal instalments from the beginning of September. THIS PRICE IS GUARANTEED NOT TO INCREASE DURING YOUR FOUR YEARS OF CONSECUTIVE STUDY. A £100 discount is offered if paid in one amount by 1st September. A non-refundable deposit of £100 is payable upon acceptance of a place on the course and is deducted from the first year's fees. If paying by standing order, the adjustment is made in the final payment. These fees include all teaching, marking and tutorials.

Set books may cost approximately £180 in the first year.

Medical sciences are paid for separately as not all students need to participate. The cost for this two-year home study correspondence course is £400 and includes the price of text books and marking.

Clinics cost £20 each for a seven-hour day and students are expected to attend a minimum of three clinics in the first year, seven clinics in the second year and eight clinics in the third and fourth years.

Supervision fees are negotiated individually with supervisors. Second year supervision costs approximately £40. Third and fourth year supervision is mainly paid for by the patients, but supervision of the first five cases may cost approximately £100 depending on the individual contract with your supervisor.

Society of Homeopaths insurance costs approximately £75 pa. in the third and fourth year.

Each year group is limited to a maximum of fifteen people. A commitment to pay the annual fees in full is made as soon as you commence each year of studies. Fees must be paid up to date before the end of each school year before you are invited to continue further. A refund will only be considered in certain unforeseeable circumstances such as moving, pregnancy, bereavement, or at the discretion of the directors.

Testimonials

“I love the Welsh School, it beats with a fine and beautiful heart. Linda and Bill are dedicated to both the art and science of Homœopathy as well as the vital and sometimes challenging processes of becoming a healer. Their commitment to student centred learning is deeply refreshing and rewarded by both committed and enthusiastic students and graduates.”

Miranda Castro (Author, Homœopath and Teacher)

“Teaching at the Welsh School is always a delight. The ethos of the School is inspiring to everyone who comes into contact with it. It inspires the students to a deep understanding and love of Homœopathy.”

Peter Fraser (Co-Director of the Vancouver Homœopathic Academy and Author)

“I teach in many different schools in the UK and abroad and the quality of the teachers and students in the Welsh School is bettered by none. It is led and nurtured by a committed team with the complementary skills of Linda Gwillim and Bill Rumble. In a day’s teaching a teacher soon realises by the class interaction the quality of the students’ Homœopathic understanding. It is obvious that the traditional principles of Homœopathic philosophy, a sound materia medica and hard work are integral to the Welsh School’s curriculum. However, the remedies are not taught dryly but are seen as part of the dynamic process of nature from which they derive. Nature and man’s relationship with it in all ways, including myth, are central to a deep understanding of remedies and this School seems to embrace this more than any other, with active involvement in symbolism and legend. This is important for Homœopathic understanding but also for personal development and a deeper understanding of the universal connection we share. The School is also fantastic fun and fun is the other element which makes this School stand out. Notable are the Winter and Summer Schools, set in beautiful Welsh countryside. When everyone, from first year student to the founding principals of the School, are all found dancing at 4 am, you know that this is not a business but a labour of love and passion. The School is important and long may it continue.”

Geoff Johnson (Veterinary Homœopath and Teacher)

“The Welsh School is a very well established School which provides a very thorough Homœopathic education in a friendly and supportive atmosphere. The students are well looked after individually and, personally, I am always impressed with the enthusiasm and sense of adventurous exploration that the School encourages. I have been teaching there every year since the School began and always enjoy the weekends with the students. There is truly a warm ‘welcome in the hillside’ at the Welsh School of Homœopathy.”

John Morgan (Homœopath and Managing Director of Helios Pharmacy)

“Exciting, informative and inspirational – that’s why my daughter has started her training there!” **L.F. (Graduate)**

“My experience of the course has been the journey of a lifetime - one that cannot be learnt, only experienced.” **S.G.**

Teach me, and I will forget.

Ask me, and I will remember.

Involve me, and I will understand.

(Chinese Proverb)

